



Isha Lunar Calendar

2026	Amavasya			Linga Snanam	Purnima			Ekadashi	Pradosham	Shivaratri / Pancha Bhuta Kriya	Purnima Pooja / Linga Bhairavi Yantra Pooja / Devi Procession	Linga Seva	Devi Seva	Sadhguru Sannidhi Pooja	Important Days / Celebrations
	Duration	Meditation / Kalabhairava Shanti	Offering		Duration	Meditation	Offering								
January	18th 1:20 a.m. to 19th 2:31 a.m.	18 (Sun) - Thai Amavasya	18 (Sun)	2, 3, 10, 17, 18, 25, 31	2nd 6:44 p.m. to 3rd 4:42 p.m.	2 (Fri)	3 (Sat)	14 (Wed), 29 (Thu)	1 (Thu), 16 (Fri), 30 (Fri)	17 (Sat)	3 (Sat)	24 Dec - 3 Jan 1 - 10 Jan 8 - 18 Jan 16 - 25 Jan 23 Jan - 1 Feb	Ladies 30 Dec - 18 Jan Gents 14 Jan - 1 Feb	3, 5, 12, 18, 19, 26	1: New Year's Day (Thu) 3: Arudra Darshan (Sat) 6: Agastya Jayanti (Ayilyam Nakshatram) (Tue) 7: Thyagaraja Aradhana (Wed) 12: National Youth Day (Mon) 14: Bhogi (Wed) 15: Thai Pongal, Uttarayana (Thu) 16: Mattu Pongal (Fri) 17: Farmers' Day (Sat) 18: Thai Amavasya (Sun) 26: Republic Day (India) (Mon)
February	16th 6:27 p.m. to 17th 6:30 p.m.	16 (Mon)	16 (Mon), 17 (Tue)	1, 8, 13, 17, 24	1st 4:41 a.m. to 2nd 4:43 a.m.	1 (Sun)	1 (Sun)	13 (Fri), 27 (Fri)	14 (Sat)	15 (Sun) - Mahashivaratri (15th 5:51 p.m. to 16th 6:26 p.m.)	1 (Sun)	30 Jan - 8 Feb 6 - 17 Feb 13 - 24 Feb 22 Feb - 3 Mar	Ladies 26 Jan - 17 Feb Gents 11 Feb - 3 Mar	1, 2, 9, 16, 17, 23	1: Thaipusam, 16 Years of Linga Bhairavi Devi Aradhana, Vijji Amma Aradhana (Sun) 12 (Thu) to 14 (Sat): Yaksha Celebrations 15: Mahashivaratri (32nd Year at Isha), 9 Years of Yogeshwar Linga Consecration Day (Sun) 17: Annular Solar Eclipse (not visible in India) (Tue)
March	18th 8:29 a.m. to 19th 7:29 a.m.	18 (Wed)	18 (Wed)	2, 3, 10, 17, 18, 25, 31	2nd 6:23 p.m. to 3rd 5:52 p.m.	2 (Mon)	3 (Tue)	14 (Sat), 28 (Sat)	1 (Sun), 16 (Mon), 30 (Mon)	17 (Tue)	2 (Mon)	1 - 10 Mar 8 - 18 Mar 16 - 25 Mar 23 Mar - 1 Apr	Ladies 27 Feb - 18 Mar Gents 14 Mar - 1 Apr	2, 3, 9, 16, 18, 23, 30	2: Masi Magam (Mon) 3: Holi, Total Lunar Eclipse (3rd 6:31 p.m. to 7:53 p.m.) (Tue) 8: International Women's Day (Sun) 14: Karadaayan Nonbu (Sat) 19: Telugu New Year, Ugadi (Thu) 20: Saptarishi Avahanam (Bengaluru), Spring Equinox (8:16 p.m.) (Fri) 21: Ramadan (Eid al-Fitr), International Day of Forests (Sat) 22: World Water Day (Sun) 26/27: Sri Rama Navami (Thu/Fri) 31: Mahavir Jayanti (Tue)
April	16th 7:32 p.m. to 17th 5:47 p.m.	16 (Thu)	17 (Fri)	1, 8, 16, 17, 24, 30	1st 7:38 a.m. to 2nd 7:57 a.m. & 30th 9:51 p.m. to 1st May 11:07 p.m.	1 (Wed), 30 (Thu)	1 (Wed)	13 (Mon), 27 (Mon)	15 (Wed), 29 (Wed)	15 (Wed)	1 (Wed)	30 Mar - 8 Apr 6 - 17 Apr 15 - 24 Apr 22 Apr - 1 May	Ladies 28 Mar - 17 Apr Gents 11 Apr - 1 May	1, 6, 13, 17, 20, 27	1: Panguni Uthiram (Wed) 3: Good Friday (Fri) 7: World Health Day (Tue) 8: Patanjali Jayanti (Moola Nakshatram) (Wed) 14: Tamil New Year (Tue) 22: Earth Day (Wed)
May	16th 3:59 a.m. to 17th 2:09 a.m.	16 (Sat)	16 (Sat)	1, 8, 15, 16, 23, 29, 31	30th 12:55 p.m. to 31st 2:45 p.m.	30 (Sat)	1 (Fri), 30 (Sat), 31 (Sun)	13 (Wed), 26 (Tue)	14 (Thu), 28 (Thu)	15 (Fri)	1 (Fri), 30 (Sat)	29 Apr - 8 May 6 - 16 May 14 - 23 May 21 - 31 May	Ladies 27 Apr - 16 May Gents 12 - 31 May	1, 4, 11, 16, 18, 25, 30	1: Buddha Purnima, Chitra Purnima, Labor Day (Fri) 4 (Mon) to 28 (Thu): Agni Nakshatram 10: Mother's Day (Sun) 11: Thirunavukkarasar Jayanti (Sathayam Nakshatram) (Mon) 28: Bakrid (Eid al-Adha) (Thu) 30: Vaikasi Visakam (Sat)
June	14th 11:50 a.m. to 15th 9:27 a.m.	14 (Sun)	14 (Sun)	7, 13, 14, 21, 28, 29	29th 4:22 a.m. to 30th 6:11 a.m.	29 (Mon)	29 (Mon)	11 (Thu), 25 (Thu)	12 (Fri), 27 (Sat)	13 (Sat)	29 (Mon)	29 May - 7 Jun 5 - 14 Jun 12 - 21 Jun 19 - 29 Jun	Ladies 27 May - 14 Jun Gents 10 - 29 Jun	1, 8, 14, 15, 22, 29	5: World Environment Day (Fri) 21: International Day of Yoga, World Music Day, Summer Solstice (1:54 p.m.) (Sun) 22: Ani Uthiram (Mon) 24: 27 Years of Dhyanalinga Consecration Day (Wed) 26: Muharram (Fri)
July	13th 6:53 p.m. to 14th 4:33 p.m.	13 (Mon)	14 (Tue)	6, 13, 14, 21, 28, 29	28th 7:33 p.m. to 29th 8:58 p.m.	28 (Tue)	29 (Wed)	10 (Fri), 24 (Fri)	12 (Sun), 26 (Sun)	12 (Sun)	29 (Wed)	27 Jun - 6 Jul 4 - 14 Jul 12 - 21 Jul 19 - 29 Jul 25 Jul - 5 Aug	Ladies 25 Jun - 14 Jul Gents 10 - 29 Jul	6, 13, 14, 20, 27, 29	1 (Wed) to 7 (Tue): Van Mahotsav 28: World Nature Conservation Day (Tue) 29: Guru Purnima (32nd Year at Isha), Dakshinayana (Wed)
August	12th 2:11 a.m. to 13th 12:16 a.m.	12 (Wed) - Adi Amavasya	12 (Wed)	5, 11, 12, 19, 26, 27	27th 9:56 a.m. to 28th 10:29 a.m.	27 (Thu)	27 (Thu)	8 (Sat), 23 (Sun)	10 (Mon), 25 (Tue)	11 (Tue)	27 (Thu)	3 - 12 Aug 10 - 19 Aug 17 - 27 Aug 25 Aug - 3 Sep	Ladies 23 Jul - 12 Aug Gents 8 - 27 Aug	3, 10, 12, 17, 24, 27, 31	3: Adi Perukku (Mon) 12: Adi Amavasya, Total Solar Eclipse (not visible in India) (Wed) 14: Adi Pooram (Fri) 15: Independence Day (India; 80th) (Sat) 17: Naga Panchami (Mon) 21: Varalakshmi Vratam (Fri) 26: Onam, Milad un-Nabi (Wed) 27: Avani Avittam (Thu)
September	10th 10:57 a.m. to 11th 9:40 a.m.	10 (Thu)	10 (Thu)	3, 9, 10, 17, 25, 26	25th 11:13 p.m. to 26th 10:50 p.m.	25 (Fri)	26 (Sat)	7 (Mon), 22 (Tue)	8 (Tue), 24 (Thu)	9 (Wed)	26 (Sat)	1 - 10 Sep 8 - 17 Sep 15 - 26 Sep 24 Sep - 3 Oct	Ladies 23 Aug - 10 Sep Gents 6 - 26 Sep	7, 10, 14, 21, 26, 28	3: River Revitalization Day (Thu) 4: Krishna Janmashtami (Fri) 14: Ganesh Chaturthi (Mon) 21: International Day of Peace (Mon) 23: Sadhguru's Enlightenment Day, Autumn Equinox (5:34 a.m.) (Wed) 27: World Rivers Day (Sun) 28: Partial Lunar Eclipse (not visible in India) (Mon)
October	9th 9:53 p.m. to 10th 9:34 p.m.	9 (Fri) - Mahalaya Amavasya	10 (Sat)	3, 9, 10, 17, 24, 25	25th 11:31 a.m. to 26th 10:14 a.m.	25 (Sun)	25 (Sun)	6 (Tue), 22 (Thu)	8 (Thu), 23 (Fri)	8 (Thu)	25 (Sun)	1 - 10 Oct 8 - 17 Oct 15 - 25 Oct 23 Oct - 1 Nov	Ladies 22 Sep - 10 Oct Gents 4 - 25 Oct	5, 10, 12, 19, 25, 26	2: Gandhi Jayanti (Fri) 9/10: Mahalaya Amavasya (Fri/Sat) 11 (Sun) to 19 (Mon): Navratri at Linga Bhairavi 11: International Day of the Girl Child (Sun) 16: World Food Day (Fri) 19: Ayudha Pooja, Saraswati Pooja, Maha Navami (Mon) 20: Vijayadashami, Dussehra, Vidyarambham (Tue)
November	8th 12:00 p.m. to 9th 12:46 p.m.	8 (Sun)	8 (Sun), 9 (Mon)	1, 7, 9, 16, 22, 24	23rd 11:20 p.m. to 24th 9:24 p.m.	23 (Mon)	24 (Tue)	4 (Wed), 20 (Fri)	6 (Fri), 22 (Sun)	7 (Sat)	24 (Tue)	30 Oct - 9 Nov 7 - 16 Nov 14 - 24 Nov 20 Nov - 1 Dec	Ladies 21 Oct - 9 Nov Gents 5 - 24 Nov	2, 8, 9, 16, 23, 24, 30	8: Diwali (Sun) 14: Children's Day (India) (Sat) 17: Karthigai, Ayyappa season starts (Tue) 24: 27 Years of Dhyanalinga Offering Day, Karthigai Deepam, Guru Nanak Jayanti (Tue)
December	8th 5:04 a.m. to 9th 6:48 a.m.	8 (Tue)	8 (Tue)	1, 7, 8, 15, 22, 23, 30	23rd 10:27 a.m. to 24th 8:10 a.m.	23 (Wed)	23 (Wed)	4 (Fri), 20 (Sun)	6 (Sun), 21 (Mon)	7 (Mon)	23 (Wed)	29 Nov - 8 Dec 6 - 15 Dec 13 - 23 Dec 21 - 30 Dec 28 Dec - 7 Jan	Ladies 18 Nov - 8 Dec Gents 4 - 23 Dec Ladies 19 Dec - 7 Jan	7, 8, 14, 21, 23, 28	1: Kalabhairava Ashtami (Tue) 5: World Soil Day (Sat) 16: Margazhi starts (Wed) 20: Vaikuntha Ekadashi (Sun) 22: Saptarishi Arati, Winter Solstice (2:19 a.m.) (Tue) 24: Arudra Darshan (Thu) 25: Christmas Day (Fri) 27: Agastya Jayanti (Ayilyam Nakshatram) (Sun) 31: New Year's Eve (Thu)

Sadhguru Sannidhi Bengaluru events: 14 Jan - 3 Years of Yogeshwar Linga Consecration Day (Makar Sankranti) (Wed); 20 Mar - Saptarishi Avahanam, Spring Equinox (8:16 p.m.) (Fri); 17 Aug - Naga Panchami (Mon); 25 Oct - 4 Years of Naga Consecration Day (Ashwin Purnima) (Sun)

Linga Bhairavi Nepal events: 3 Mar - 3 Years of Linga Bhairavi Devi Aradhana (Fagu Purnima, Holi) (Tue)